

## **Park School Nursery - Changing and Toilet Training Policy**

### **1 General Principles**

- 1.1** In Nursery we have dedicated nappy changing areas.
- 1.2** The Acorns and the Oaks rooms have nappy changing areas, potties and use of child height toilets and wash basins.
- 1.3** In the Nursery toilets we make the necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.
- 1.4** All our children's wash basins have regulated water temperature control.
- 1.5** We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time. We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.
- 1.6** We use disposable nappies. Parents are asked to provide a clean change of clothes every day for their child. We also keep a supply of clean clothes in case of emergency which are washed by parents and returned to Nursery.

### **2 Procedures**

- 2.1** Nappies are checked and changed regularly and promptly after soiling. Each change is recorded.
- 2.2** Practitioners wear disposable gloves, which are changed for each child, and a disposable apron.
- 2.3** Gloves and aprons are put on before changing starts. A fresh disposable sheet of bedding roll is put down on the changing mat for each child. Each child's individual nappies and baby wipes are easily accessible in each changing area in their designated box.
- 2.4** When changing the child we promote good hygiene practices, cleaning a child's genitals and bottom, wiping from front to back and encouraging them to wash their hands with soap and water.
- 2.5** Parents are asked to provide a bottom cream that they would like to be applied if their child has a sore bottom or genital area. The cream should be in a manufacturer's container and have the child's name clearly labelled. Parents should sign a permission letter.
- 2.6** All practitioners are familiar with the hygiene procedures and carry these out when changing nappies.
- 2.7** Practitioners aim to ensure that nappy changing is relaxed and a time to promote independence in young children. They are gentle, sensitive and communicative when changing children. Where possible the key person will change the child.
- 2.8** In the Acorns room the children are encouraged to take an interest in using the potty or toilet; they may just want to sit on it and talk to a friend who is also using the potty or toilet.
- 2.9** We encourage all children to wash their hands and have soap and towels to hand. They are allowed some time for play as they explore the water and the soap.
- 2.10** Nappies and 'pull ups' are disposed of hygienically in external nappy bins ready for collection.
- 2.11** Older children access the potty or toilet when they have the need to and are encouraged to be independent.
- 2.12** When they have been wearing underwear at home parents can speak to the room staff about wearing

it in nursery.

**2.13** Ordinary underwear that is wet or has been soiled is placed in hygienic bags for the parent to take home.

### **3 Toilet Training Support**

**3.1** Reward charts

**3.2** Informal meetings with parents to discuss what strategies will be used.

Please also refer to the Park School Intimate Care Policy for more information.